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HEALTH AND WELLBEING BOARD

MINUTES OF MEETING HELD ON WEDNESDAY 15 MARCH 2023

Present: Cllr Peter Wharf (Chairman), Patricia Miller (Vice-Chairman), Sam Crowe, Marc House, Cllr Spencer Flower, Margaret Guy, Cllr Andrew Parry, John Sellgren, Claire Shiels, and Chris Spackman.

Apologies: Vivienne Broadhurst, Rachel Farrell and Martin Longley, and Simon Wraw

Also present: Cllr Ray Bryan and Cllr Jane Somper

Officers present (for all or part of the meeting):

Rachel Partridge (Assistant Director of Public Health), Jonathan Price (Interim Corporate Director for Commissioning), Andrew Billany (Corporate Director for Housing), Paul Iggulden (Public Health Consultant), Sarah Longdon (Head of Service Planning), Sarah Sewell (Head of Service - Commissioning for Older People, Prevention and Market Access) and George Dare (Senior Democratic Services Officer)

26. **Apologies**

Apologies for absence were received from Vivienne Broadhurst, Theresa Leavy, Martin Longley, Simon Wraw, and ACC Rachel Farrell.

27. **Declarations of Interest**

No declarations of interests were made at the meeting.

28. **Minutes**

The minutes of the meeting held on 9 November 2022 were confirmed and signed.

29. **Public Participation**

There was no public participation.

30. **Councillor Questions**

There were no questions from councillors.

31. **Urgent items**

There were no urgent items.

32. **Chairman's Updates**

The Chairman updated members on several developments in the integrated care system. The Integrated Care Partnership (ICP) was about to appoint a chair and the Chairman of the Health & Wellbeing Board would contact them to discuss how the board and ICP would work together. There was recently a workshop where leaders and members of place-based partnerships to discuss how the partnerships would work. The place-based partnerships would deliver the priorities for improving health and wellbeing.

The Chairman also updated members on health & wellbeing improvements. This included the relaunch of the NHS Health Check programme which offered residents aged 40-75 years to find out about the risk of heart disease, stroke, and diabetes. Most people should be able to receive the check from their local GP. The Chairman urged people to take advantage of this programme. A briefing note to councillors with further details about the programme is attached to these minutes.

As the Bournemouth, Christchurch, and Poole Health & Wellbeing Board may have a membership change in May due to local elections, the chairman would make contact with the new chair of the Board when they are appointed.

33. **Work Programme**

Members noted the current work programme and would discuss it further during the item on developing a work programme.

A member felt it was important to engage with the voluntary and community sector whilst developing the work programme.

34. **Better Care Fund: Discharge Fund 2022/23 and Planning for 2024/25 onwards**

The Head of Service for Older People and Prevention Commissioning introduced the item and gave a short presentation, which included an outline of the discharge funding, opportunities for alignment of Better Care Fund investment, and a summary of the recommendations. The presentation is attached to these minutes.

The Chief Executive of the Integrated Care Board said that there had been 2 tranches of money for hospital discharge. In order for there to be 2-year funding there needed to be a reduction of patients in hospital.

Proposed by Cllr Flower, seconded by Marc House.

Decision: That the Adult Social Care Discharge Fund Plan, which is pooled into the Better Care Fund 2022/23, be retrospectively approved.

The Board noted the progress of the working group formed to identify opportunities to realign Better Care Fund investment from 2023/24 and agreed to receive a further item at a future Health & Wellbeing Board meeting.

35. Developing a Work Programme for the Health and Wellbeing Board

The Director of Public Health introduced the report. The report recognised changes to the Health & Wellbeing Board and the new responsibilities it has.

The Head of Service Planning said that developing a work programme would give the board an opportunity to refresh itself and make a difference. A development session would help to develop a work plan so the board can deliver on priorities. A key part of a development session would be to understand the role of the board and how it interacts with other bodies. The recommendations were highlighted.

The Chairman said that the board would develop their Health & Wellbeing Strategy at a faster pace than BCP Council's Health & Wellbeing Board because they have upcoming elections.

The following comments were made by board members:

- The board needs to consider the roles and responsibilities of partners in order to not duplicate work.
- Resources should be channelled to make the most impact for residents.
- The Integrated Care Board had 5 priorities for their forward plan. All were related to health equity and 3 of them related to children and young people.
- The roles of providers were likely to change significantly over the next 5-10 years.
- A development session should have challenging and honest conversations which would benefit the current and successor authorities.
- It should be considered if there were any underlying issues.

The Chairman asked Board members to read the ICP Strategy before a Health and Wellbeing Board development session.

The Board noted the new responsibilities and duties of Health and Wellbeing Boards, set out in new guidance.

The Board agreed to hold a development session to consider the ICP strategy and identify other potential elements of a work programme including refresh of the Joint Local Health and Wellbeing Plan.

36. Update on the Integrated Care System and next steps for implementation

The Director of Public Health introduced the item and updated members of the Integrated Care System. The Integrated Care Partnership (ICP) Strategy was developed through a three-workstream approach and the first ICP meeting took place in January. The Director of Public Health was the senior responsible officer for strategy development, and he will continue in this role following endorsement from the ICP. The ICP would need a development session following the appointment of a new chair. The recommendations in the report were outlined.

Members of the Board discussed the item, and the following points were raised:

- There could be agreements and disagreements at a development session.
- All partners should share the ICP strategy with their organisation, so they have feedback to provide.
- A member sought assurance that the Director of Public Health felt he could ask for additional support.
- The ICP Strategy was good for voluntary and community sector organisations.
- The Executive Director of Place would welcome the opportunity to talk about the local plan and how it would shape communities.
- A Health & Wellbeing Board development session could include a section on the local plan.
- The local plan would be a plan for Dorset, not just Dorset Council.
- There would be a publicly visible launch of the ICP Strategy.

Proposed by Cllr Wharf, seconded by Cllr Parry

Decision:

That:

1. The ICS strategy as a broad framework for securing the fastest possible improvements to the health and wellbeing of resident be noted and supported.
2. The strategy be considered in detail at a development session.
3. The next steps in implementing the strategy, as agreed by the ICP, be noted, and supported.

37. Exempt Business

There was no exempt business.

Duration of meeting: 2.00 - 3.17 pm

Chairman

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Councillors briefing note re the communications plan for the NHS Health Check programme

Dear Cllrs,

A paper was recently agreed at Joint Public Health [Board](#) about the new delivery model of the NHS Health Check programme in Dorset.

What is an NHS Health Check

The NHS Health Check is a free check-up of your cardiovascular health. It can tell you whether you're at higher risk of getting certain health problems, such as heart disease, diabetes, kidney disease or stroke.

The programme is targeted to residents aged 40-74. By having a check, it provides residents an opportunity to know about their potential risks to help them to make effective positive behaviour changes to reduce their risks for the future.

NHS Health Checks in Dorset have previously been offered by only GPs and pharmacies but this is about to change.

What is changing?

The programme team have helped shape a new and exciting way of delivering the NHS Health Check programme based on consultation with providers and residents.

The target age range is the same but the way we plan to deliver the programme has changed.

Working with Public Health Dorset's locality team and providers, the NHS Health Check programme team have agreed a new delivery model based on providers and residents' feedback.

Many of our primary care (GPs and pharmacies) providers have offered to invite patients and deliver NHS health checks which is the preferred way our residents said they'd want to access health checks.

Where some primary care providers have identified they don't have capacity to deliver all or part of the programme, a community offer with [LiveWell Dorset](#) will be introduced. LiveWell Dorset is Public Health Dorset free behaviour change service helping residents to quit smoking, lose weight, move more and drink less alcohol.

LiveWell Dorset will work with providers to help carry out health checks where Primary Care Networks (PCNs) don't have capacity. The main offer LiveWell Dorset is offering is to help carry out health checks on higher risk groups first.

The communications approach

At Joint Public Health Board in February, we discussed how councillors could be involved in supporting and promoting the programme.

The health checks programme is launching from 1 April 2023. We are conscious that there is a pre-election period in the BCP Council area from 23 March to 4 May and publicity of this and any campaign needs to be limited.

It is therefore planned to promote NHS health checks being available as a soft launch with a press release, some social media posts and posters displayed by our providers. The service hasn't been running since before the COVID-19 pandemic and residents need to be aware the service is still available to access.

After the elections we will be ready to introduce LiveWell Dorset's community offer to those providers who have asked for help with delivery. This is where we hope councillors can support us in getting the word out there about the programme in their communities. It would also be great if any councillors who are eligible for a health check to tell us of their experience. Pictures, videos and quotes would be great to use in future publicity. We can support with guidance on this if you wish to take part in providing some content for use.

We will update councillors just after the launch to inform of more communications activity.